

## WORKFORCE DEVELOPMENT COURSES SEPTEMBER 2024

### Ongoing Communities of Practice

Register your interest in one or more of the following monthly small groups, facilitated by an experienced practitioner, to support collaborative learning and problem solving.

- Family Group Conferencing
- Baby Massage for Bonding
- Working Better with Nunga Kids
- Trauma-informed Complex Case Management
- Training and Assessment for newly qualified VET educators

Groups will commence with a minimum of 6 registrations. Submit your expression of interest here: <https://rb.gy/avzkt>

### Self Paced Online Courses

We have a range of free and paid online courses designed especially for the community services sector.

To enrol in our online courses visit: [socialrelations.edu.au/online-learning](https://socialrelations.edu.au/online-learning)

### Get in Touch to Discuss Your Training Needs

Call Sophie on 08 8245 8100  
Email [admin@aisr.edu.au](mailto:admin@aisr.edu.au)

#### Responding to Childhood Sexual Abuse | 1/2 Day

In this half day workshop we will aim to develop a foundational understanding of the needs of people when they disclose child sexual abuse (CSA) ) and how to respond in therapeutic ways.

**Enrol:** 13 September |  
10.00 am - 1.00pm  
<https://bit.ly/3Ypc5Ua>  
**Cost:** \$100

#### Coming Soon:

#### Case Management Workshop | 1 Day

Join us to learn, collaborate, and create meaningful impact. Together, we will develop effective tools and practices that build our professional community and support each other's work.

**Cost:** \$175

#### Coming Soon:

#### Introduction to Family Domestic Violence | 1 Day

An introduction to understanding the complexity of Family Domestic Violence (FDV), and how it impacts your clients. Training includes models of best practice responses.

**Cost:** \$210

#### Enrol now!

Scan this QR code to go to our Workforce Development page to enrol, or click the enrol links above.



#### Be the first to know!

Scan this QR code to subscribe to our mailing list to receive our monthly training calendar and updates directly into your inbox.



## Supervision - Developing Your Reflective Practice | 1 day

Explore what it means to be a reflective practitioner who provides quality practice supervision that helps workers manage demanding and complex client concerns. This interactive full-day workshop provides concrete skills and practical ideas to structure supervision sessions and ensure supervision remains respectful yet challenging. Learn to think through your ethical stance and dilemmas when negotiating an individual agreement.

## Case Management Workshop | 1 day

Come along to spend a day with the Case Managers in your community to learn and work together, to create a practice that builds your community up and supports each other's work.

## Safe Environments for Children and Young People | 1 day

Learn how to recognise, report and respond to children or young people who may be at risk of harm, child abuse or neglect. This training focuses on child protection in the context of 'Through Their Eyes' and has the safety and wellbeing of children at its core. It is designed for professionals or volunteers who are mandatory reporters required to report suspicions of child abuse and neglect.

## Working Better with Nunga Kids | 1 day

Working better with Nunga kids instils a deeper understanding of how to adapt your thinking and better support Aboriginal (Nunga) children. It will help build your confidence and understanding of how to support Aboriginal children and make a positive difference to families.

This course was developed by Aboriginal workers. Facilitators share their knowledge and skills to help you develop a culturally appropriate approach to working with Aboriginal children.

## Working Better with Nunga Kids, Community of Practice Facilitators Group | 2 days

Learn how to facilitate the Working Better with Nunga Kids course for groups and organisations in your community. You will be provided with resources, tips and advice on how to successfully run this course. Training includes time to practice your delivery and familiarise yourself with the course content.

## Digital Literacy | 1/2 day

This course equips participants with essential digital skills for learning and working in the community services sector. It covers the definition and significance of digital literacy, basic computer skills, internet basics, communication tools, and software etiquette, and includes a hands-on experience with common tools like emails and teams. Participants will also learn to access and use online resources relevant to community services and navigate an eLearning environment using AISR's free online training programs.

## Mental Health First Aid | 2 days

A practical and hands-on training, like a first aid course, and is delivered by Accredited MHFA Instructors. You will learn about mental health issues and problems that people face in everyday life, identify signs and symptoms that suggest a person is developing a mental illness and learn how to provide initial support for a person experiencing a mental health crisis.

## Family Group Conferencing Coordinator Training | 3 hours online learning and 3 Face to Face Days

Learn how to facilitate Family Group Conferencing for families where concerns have been raised for the wellbeing and safety of a child or young person. This training teaches coordinators a strengths-based and inclusive approach, assisting families to develop an agreement on how to provide safe, permanent and stable care arrangements for their child or young person.

This course is a requirement to be considered for opportunities as a coordinator through the state-wide Ngartuitya Family Group Conferencing Service. This training is a combination of 3 hours self-paced online learning (requirement) and 3 days of face-to-face classroom learning.

At the conclusion of the face-to-face training, students can choose to be formally assessed and awarded with two units of competency upon successful completion.

*A charge of \$300 will apply for registration and assessment.*

## Baby Massage for Bonding | Four Online Topics and 1 Face to Face Day

This short professional development course aims to develop your skills and knowledge so that you can support parents to notice and respond to their baby's cues to enhance their nurturing relationship by providing a structured program of infant massage instruction in a group or with individual baby and parent.

This training is suitable for professionals working therapeutically with infants in the first thousand days and their caregivers, including frontline and specialist workers in homelessness and family and domestic violence services, therapeutic children's workers, reunification, and intensive family support practitioners and those in community early childhood settings.

## Introduction to Working with People with Lived Experience | 1 Day

This course provides an introduction to working with individuals with lived experience. It covers understanding lived experience, empathy, effective communication, and the importance of respect and dignity. It aims to provide participants with the necessary skills and understanding to effectively work with and support these individuals.

## Responding to Disclosures of Child Sexual Abuse | 1/2 Day

In this half day workshop we will aim to develop a foundational understanding of the needs of people when they disclose child sexual abuse (CSA). We will look at the facts and figures associated with CSA in Australia and begin to explore the behaviours and responses that may be present for victims of CSA.

We will explore ways in which people might make disclosures, as well as responses that help to lower feelings of shame and guilt. We will aim to equip attendees with tools and approaches to improve confidence and skills in this area.

## Building Expertise Together: Workplace Trainer Community of Practice | Four (4) monthly 2 hour sessions

Designed to cultivate a vibrant Community of Practice for Regional Workplace Trainers, this group will tackle common challenges collaboratively, engage in continuous professional development discussions, and participate in the creation of innovative training practices. Embrace a network of supportive peers, implement peer observation and feedback mechanisms, and reflect on experiences for ongoing improvement. This Community of Practice will provide a platform for trainers to share insights, overcome obstacles, and collectively celebrate successes, fostering a collaborative learning environment that enhances individual and collective training expertise.