

Certificate IV in Mental Health

Develop specialist skills to work with clients who face challenges with their mental health.



Overview

This qualification reflects the role of workers who provide self-directed recovery oriented support for people affected by mental illness and psychiatric disability.

The qualification is suitable for those who are seeking to develop specialist skills to work with clients who face challenges with their mental health, including those who have some work or volunteer experience in community services or health and want to branch out into mental health work.

The course will examine the link between mental health and other personal and community issues, as well as exploring mental health in the community and in the workplace. A focus on working with families dealing with mental health issues is also covered.

Entry Requirements

There are no entry requirements for this qualification.

Study Requirements

This program has 14 face to face classroom contact days and 16 Online tutorials This program is equivalent to 15 to 20 hours of study per week. The program includes 80 hours of student placement.

Students will be required to undertake self-directed learning outside of classroom delivery.

Prior Recognition of Learning

You may be eligible for recognition of prior learning (RPL) for this qualification. Please see our website for more details.

Work Placement Requirements

To achieve this qualification, students must have completed 80 hours of work as detailed in the Assessment Requirements of units of competency.

All placements must be approved by the Institute prior to commencement to ensure the required work-based learning and assessment can be completed.

Wherever possible, a work placement within a program of Relationships Australia SA will be organised, but this is not guaranteed, and students need to seek placements at other organisations.

Duration & Delivery Mode

12 months. Blended learning – Online and compulsory classroom sessions

Tuition Fee

Full fee: \$6,000

Participants eligible for SA Government subsidies: \$1,200 (Tuition Gap Fee)

Participants eligible for SA Government subsidies with valid concession card: \$680.00 (Tuition Gap Fee)

This course is being offered as part of the Fee Free joint initiative of the Australian and South Australian Governments for all Aboriginal and Torres Strait Islander students. Fee Free places close on 25th November 2024.

Employment Opportunities

Over 50 occupations fall under the community work banner and roles include intake, support, case work, crisis intervention, team management and advocacy. Community Services sector roles include:

- Community Rehabilitation Worker
- Community Rehabilitation and Support Worker
- Outreach Officer
- Mental Health Outreach Worker
- Assistant Community Services Worker

Qualification Pathways

Eligible to undertake a Diploma qualification.

Dates	Unit of Study	Units of Competency
20 January to 18 April 2025	Foundations of Mental Health Practice	CHCDIV001 Work with diverse people HLTWHS001 Participate in workplace health and safety CHCMHS007 Work effectively in trauma informed care CHCLEG001 Work legally and ethically
28 April to 18 July 2025	Client-centred Care and Diversity	CHCCCS020 Respond effectively to behaviours of concern CHCCCS003 Increase the safety of individuals at risk of suicide CHCCCS019 Recognise and respond to crisis situations CHCDIV002 Promote Aboriginal and/or Torres Strait Islander cultural safety
28 July to 3 October 2025	Mental Health Assessment and Interventions	CHCMHS002 Establish self-directed recovery relationships CHCMHS003 Provide recovery oriented mental health services CHCMHS004 Work collaboratively with the care network and other services
13 October to 19 December 2025	Advanced Mental Health Support and Advocacy	CHCMHS005 Provide services to people with co-existing mental health and alcohol and other drugs issues CHCMHS011 Assess and promote social, emotional and physical wellbeing CHCMHS008 Promote and facilitate self-advocacy CHCADV001 Facilitate the interests and rights of clients

Please note you have 12 months to complete your 80 hour Student Placement from the completion date of your final Unit of Study (please refer to your timetable).

Enquiries

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Enrolments

<https://www.socialrelations.edu.au/>