

Mental Health Peer Work Skill Set

For lived experience peer workers entering the mental health workforce.



Overview

The CHCSS00103 Mental Health Peer Work Skill Set is designed for peer workers entering the workforce that provides mental health and wellbeing support.

Participants will get training and support to develop personal awareness as well as social and community knowledge associated with the unique role of the peer worker. It specifically responds to the needs of people with lived experience currently working either in a paid or unpaid capacity. This includes carer peer work roles and community service workers within the mental health sector and/or other sectors in government, private or community managed services. This training aims to provide participants with the skills and knowledge to:

- Understand the role of lived experience in peer work within an organisational setting
- Work legally and ethically as a peer worker in an organisational setting

Entry Requirements

Learners in this program must have a lived experience of mental health either as direct personal experience or as a carer of someone with mental health lived experience.

Study Requirements

This program has 4 face to face classroom contact days. This program is equivalent to 15 to 20 hours of study per week.

Students will be required to undertake self-directed learning outside of classroom delivery.

Prior Recognition of Learning

You may be eligible for recognition of prior learning (RPL) for this qualification. Please see our website for more details.

Tuition Fee

Full Fee: \$900

Participants eligible for SA Government subsidies - \$120 (Tuition Gap Fee)

Participants eligible for SA Government subsidies with valid concession card: \$65 (Tuition Gap Fee)

Duration & Delivery Mode

3 months. Blended learning – Online and compulsory classroom sessions.

Qualification Pathways

Certificate IV or Diploma level, such as the Certificate IV in Mental Health Peer Work.

Work Placement Requirements

To achieve this qualification, students must have completed at least 80 hours of work as detailed in the Assessment Requirements of units of competency.

- All placements must be approved by the Institute prior to commencement to ensure the required work-based learning and assessment can be completed.
- Wherever possible, a work placement within a program of Relationships Australia SA will be organised, but this is not guaranteed, and students need to seek placements at other organisations.

Employment Opportunities

Peer work, peer workers and peer workforce include all workers in mainstream or alternative mental health services or initiatives who are employed to openly identify and use their lived experience of mental distress or as a carer supporting someone with mental illness as part of their work. Roles and positions could include:

- Consumer peer worker
- Carer peer worker
- Peer support
- Peer advocate
- Peer educator
- Peer consultant
- Lived Experience Worker/Speaker

Dates	Units of Competency
2 weeks TBA	CHCPWK001 - Apply Peer Work Practices in the Mental Health Sector
2 weeks TBA	CHCLEG001 Work legally and ethically
4 weeks TBA	CHCPWK003 Apply lived experience in mental health per work (includes 80 hours of placement)

Enquiries

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Enrolments

<https://www.socialrelations.edu.au/>